

Family Volunteer

Derby Drug & Alcohol Family Services



Aquarius Family supports families affected by someone's substance use, as well as looked after children and young people who are affected by a parent's substance use or mental health.

Benefits:

- Use lived experience in a positive and meaningful way.
- Gain experience volunteering for a non-profit organisation.
- Opportunity to meet new people
- The opportunity to use existing skills and develop new ones
- Build confidence

Skills & Qualities required:

- Good communication skills
- Confident with public speaking
- Be non-judgemental
- Understand the need for confidentiality
- Be reliable
- Ability to use own initiative but able to ask for help when you need
- Professional but friendly manner

Key Tasks:

- To support staff with one-to-one sessions
- Support families and young people
- Co-facilitate / facilitate activities and training
- To help deliver family workshops and share experience if the volunteer has lived experience.
- Promoting and advocating family services



INVESTORS
IN PEOPLE | Gold

Interested in this role and want to get involved?

Please contact us at volunteering@aquarius.org.uk or call us for more information on **01332 362744**